



**Richard Salter Storrs Library**  
 693 Longmeadow Street  
 Longmeadow, MA 01106  
 (413) 565-4181

### Library Hours

Monday–Thursday 9–8  
 Friday 9–5  
 Saturday 9–4

## What's Happening in Adult Next Week at Storrs Library

Dates: March 19–March 25, 2023

### Art Exhibit

#### Rachel's Table Teen Board Friday, March 10 – Thursday, March 30



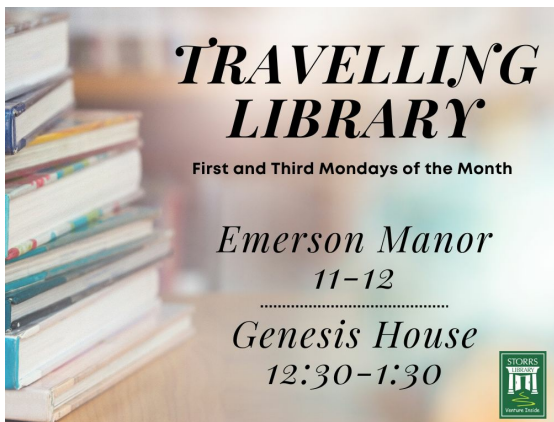
Visit Storrs Library to view an exhibit by Rachel's Table Teen Board in the Betty Ann Low Meeting Room.

Their reception will be on March 30th at 5 pm

Please visit anytime the room is not in use.

### Adult Programs

#### Traveling Library Monday, March 20, 11:00–1:30



On the first and third Monday of the month residents of Emerson Manor and Genesis House can swing by the courtyard next to the office and check out books, magazines, books on CD, and DVDs.

**Please call 413-565-4181 x1620 with any material requests the week before the event.**

#### Tech Tuesdays Tuesday, March 21, 9:00–12:00

Tech Tuesdays is Back!

Need help with your device? Bring it to the Library for assistance! Having trouble with

**TECH**  
Tuesdays  
**9-12**



email? Come to the Library to get help! Want to learn about the Library's digital offerings? Drop in every Tuesday, 9-12!

Remember to bring your device, your library card and any passwords you may need to access your accounts.

## Cookbook Club: Pioneer Woman Cooks

Tuesday, March 21, 1:00–2:30



### Cookbook Club



Tuesday, March 21:

#### Recipes from **Pioneer Woman Cooks**

1:00 in the  
Betty Ann Low Room

[Read More/Register](#)

Love to cook? Join us for Cookbook Club! Every month, we will explore a different chef or cookbook. This program is open only to people who would like to participate by bringing in a dish they prepared from this month's selection. Novice cooks are always welcome!

We will meet in the Betty Ann Low Room. **Advance Registration Required.**

This month we will feature recipes from: [Pioneer Woman Cooks](#)

Choose an online recipe or a recipe from one of this month's cookbooks. Bring your creation, your comments, and your critiques to share with the group!

## Fiber Arts Meeting

Tuesday, March 21, 6:00–7:30



[Read More/Register](#)

The Storrs Library Fiber Arts Group is a generous and talented group who use recycled textiles to make beautiful and artistic products.

Items are donated to Friends of Storrs Library for fundraising. If you know how to sew (while you help the FOSL), we would love for you to join us.

Please register in advance.

## Build a Better You with Quotations and Affirmations

Tuesday, March 21, 6:30–7:30

Building a better world begins with



[Read More/Register](#)

building a better you. The process entails what Buddhists call satori, which is instant enlightenment. We have all experienced such “light bulb moments” many times throughout our lives. What has been confusing suddenly becomes crystalline clear. We all crave clarity amidst the turmoil and chaos which define the 21st Century, and we can all benefit from increased satori (that is, more light bulb moments). Clarity comes via many channels. Sometimes we read a short quote or quip by some well-known, or even lesser known, fellow human being and we instantly “get it.” Other times, we find ourselves repeating a phrase, a mantra, an affirmation, which at first seems like “wishful thinking” but which eventually becomes our truth.

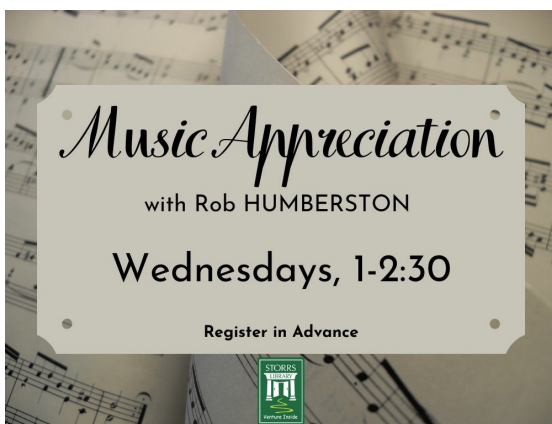
This webinar explores the power of quotations and affirmations to elicit life transformations first in ourselves and then in others, moving us all toward building a better world. Whether our goal is to rise in the corporate world or to down-size to a simpler lifestyle, to increase our social interactions or to appreciate silent contemplation, we can employ quotations and affirmations in our daily life to generate inspiration, spark motivation and fuel positive change. The topics covered include awareness, inspiration, motivation, affirmative thinking, affirmation formulation, quote analysis, and quote journaling.

This program is sponsored by the Friends of Storrs Library.

**This program is on Zoom. Please register in advance and the link will be sent to you shortly before the program begins.**

## Music Appreciation with Rob HUMBERSTON

Wednesday, March 22, 1:00–2:30



[Read More/Register](#)

Rob HUMBERSTON will guide us on a tour through the history of music to appreciate works from Baroque to modern. Join us every Wednesday as we listen to beautiful music in performances by artists and ensembles and their conductors renowned for their interpretations of these works.

Registration in advance is preferred, this program is intended for adults.



# A 19th-Century Musical Sampler with Tom Vaughn

Wednesday, March 22, 6:30–7:30



Tom Vaughn, an expert in early-19th-century music will present a demonstration on a variety of original period instruments. Hear a selection of Early-American music on the violin, flute, clarinet, melodeon, and other instruments. Learn about how music impacted the daily lives of Americans, and learn about the people who made and performed on musical instruments.

This event is sponsored by the Longmeadow Historical Society and Peoples Bank.

Please register in advance.

[Read More/Register](#)

## Weekly Writers Group

Thursday, March 23, 9:30–11:00



You're invited to join the Weekly Writing Group!

The Writers Group is a welcoming place to share and grow as a writer while being listened to and supported. Each week members share a page or two of their writing from that week and then join in a ten minutes writing exercise with sharing and discussion afterwards.

The Writers Group meets every Thursday at 9:30 am on the second floor of the library. This group is intended for adults.

## Great Decisions : POLITICS IN LATIN AMERICA

Thursday, March 23, 6:00–7:30



Great Decisions is America's largest discussion program on world affairs, examining and informing on the most critical global issues facing America today. It helps to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the program encourages citizens to participate in the foreign policy process

Topic 5 : POLITICS IN LATIN AMERICA - Electoral results in Latin America over the past four years have led many observers of the regional/political scene to discern a left-wing surge in the hemisphere, reminiscent of the so-called "Pink Tide" that swept the area some 20 years ago. But how

much do these politicians actually have in common? What implication does their ascendancy have for the region?

Register [Here](#) (only if you have not already registered - Registering once allows you access to all Great Decisions classes)

## Dungeons & Dragons Campaign

Saturday, March 25, 10:00-1:00



Bring your characters and your adventuring spirit and join us for our Saturday Dungeons and Dragons Campaigns!

Advanced registration is required. At this time our campaigns are intended for adults.

[Read More/Register](#)

[See Our Full Calendar Here](#)

[Visit our Website](#)

[Sign Up for Wowbrary to See What's New](#)

Let's be friends on Social Media!

