

### Richard Salter Storrs Library 693 Longmeadow Street Longmeadow, MA 01106 (413) 565-4181

### **Library Hours**

Monday-Thursday 9-8 Friday 9-5 Saturday 9-4

## What's Happening in Adult Next Week at Storrs Library

Dates: April 23-April 29, 2023

### **Art Exhibit**

### **Nate Duval**

Tuesday, April 4 - Saturday, April 29



Visit Storrs Library to view an exhibit by Nate Duval. This collection of officially commissioned, authentic, Limited Edition Silk Screened rock and roll posters and select art prints will be on exhibit in the Betty Ann Low Meeting Room.

Please visit anytime the room is not in use.

## **Adult Programs**

### **Tech Tuesdays**

Tuesday, April 25, 9:00-12:00



Tech Tuesdays is Back!

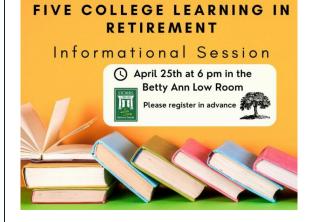
Need help with your device? Bring it to the Library for assistance! Having trouble with email? Come to the Library to get help! Want to learn about the Library's digital offerings? Drop in every Tuesday, 9-12!

Remember to bring your device, your library card and any passwords you may need to access your accounts.

# College Learning in Retirement (5CLIR) Informational Session

Tuesday, April 25, 6:00-7:00

We all know about the importance of exercising our bodies to maintain our physical health as we age, but perhaps we



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don't pay enough attention to the possibilities and benefits of continuing to expand our minds. Right here in the Pioneer Valley, there is a program of likeminded people who come together to share their knowledge, ideas, opinions, humor, and concerns while examining a particular subject. Using a variety of seminar styles and other ways of coming together, members of the 5College Learning in Retirement (5CLIR) program learn from each other. And along the way many form new friendships, another closely related benefit enhancing our quality of life. Join us as we welcome members of 5CLIR to explain how their seminars could benefit your day-to-day, and know that being retired is not required.

Please register in advance.

# Music Appreciation with Rob HUMBERSTON Wednesday, April 26, 1:00-2:30



Rob HUMBERSTON will guide us on a tour through the history of music to appreciate works from Baroque to modern. Join us every Wednesday as we listen to beautiful music in performances by artists and ensembles and their conductors renowned for their interpretations of these works.

Registration in advance is preferred, this program is intended for adults.

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### Mahjong Wednesday, April 26, 5:45-7:45



Interested in playing Mahjong regularly? Join us at Storrs library on the last Wednesday of every month! This is a non-instructional game, please bring your 2022 card.

Space is limited so please sign up in advance

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## **Linda CARDILLO Writers Workshop**

Wednesday, April 26, 6:00-7:45



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Richard Salters Storrs Library presents three workshops with award-winning novelist, Linda CARDILLO, to provide both a spark and a structure for embarking on or continuing your writing journey.

- Find the catalyst that will accelerate your writing.
- Develop a construct for both your story and your writing process.
- Form a community to encourage and support each other on the journey.

March 29 – Getting Started April 12 – Moving Past Stumbling Blocks April 26 – Polishing and Next Steps

Sign up for one or all three, but please register in advance.

# Weekly Writers Group Thursday, April 27, 9:30-11:00



You're invited to join the Weekly Writing Group!

The Writers Group is a welcoming place to share and grow as a writer while being listened to and supported. Each week members share a page or two of their writing from that week and then join in a ten minutes writing exercise with sharing and discussion afterwards.

The Writers Group meets every Thursday at 9:30 am on the second floor of the library. This group is intended for adults.

# Sensory Understanding Parent/Caregiver Training Thursday, April 27, 6:00-7:00



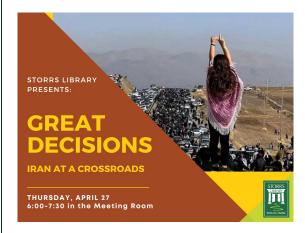
In this training you will learn about how a "Sensory diet" can benefit your child and review "seeker" and "avoiding" behaviors. Suggestions and specific activities will be shared for you and your child to engage with.

This program is sponsored by Pathways for Parents. Pathways for Parents is administered by Ludlow Public Schools and is funded by the Coordinated Family Community Engagement Grant through the Massachusetts Department of Early Education and Care.

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## **Great Decisions: IRAN AT A CROSSROADS**

Thursday, April 27, 6:00-7:30



Great Decisions is America's largest discussion program on world affairs, examining and informing on the most critical global issues facing America today. It helps to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the program encourages citizens to participate in the foreign policy process.

Topic 7: IRAN AT A CROSSROADS - By the fall of 2022, Iran was in a state of turmoil due to widespread protests against government-enforced wearing of the hijab, a failing economy, an ineffective new president, and the looming succession of the country's leader, Ayatollah Khamenei. Abroad, renewal of the Iran nuclear deal seemed doubtful and tensions remain high between Iran, Israel, and Arab states. Many Iranians have lost hope of a better future, and the country seems at a crossroads. How should the United States deal with it?

Register <u>Here</u> (only if you have not already registered - Registering once allows you access to all Great Decisions classes)

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